Tokyo University of Foreign Studies
Information Sheet for AY2023-2024

GENERAL INFORMATION

<table>
<thead>
<tr>
<th>University Name</th>
<th>Tokyo University of Foreign Studies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Office in charge of international academic exchange</td>
<td>Student Exchange Division</td>
</tr>
<tr>
<td>Postal address</td>
<td>3-11-1, Asahi-cho, Fuchu-shi, Tokyo, Japan, 183-8534</td>
</tr>
<tr>
<td>Contact Information for exchange program</td>
<td>E-mail: <a href="mailto:inbound@tufs.ac.jp">inbound@tufs.ac.jp</a>  Tel: +81-42-330-5182  Fax: +81-42-330-5189</td>
</tr>
</tbody>
</table>

ACADEMIC CALENDAR 2023/2024

<table>
<thead>
<tr>
<th>Quarter</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spring quarter (First quarter)</td>
<td>April 1, 2023 to Middle July, 2023</td>
</tr>
<tr>
<td>Summer quarter (Second quarter)</td>
<td>Middle July, 2023 to September 30, 2023 (Intensive)</td>
</tr>
<tr>
<td>Fall quarter (Third quarter)</td>
<td>October 1, 2023 to Late January, 2024</td>
</tr>
<tr>
<td>Winter quarter (Fourth quarter)</td>
<td>Late January, 2024 to Middle February, 2024 (Intensive)</td>
</tr>
</tbody>
</table>

* Students whose period of study ends in the mid July 2023 are not able to take any subjects during Summer quarter in principle.
* We only intake students either from Spring (1st) quarter or Fall (3rd) quarter.
* This schedule is subject to change.

APPLICATION

<table>
<thead>
<tr>
<th>Quarter</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spring Entry 2023</td>
<td>From late September, 2022</td>
</tr>
<tr>
<td>Fall Entry 2023</td>
<td>From late January, 2023</td>
</tr>
<tr>
<td>Application Documents Deadlines</td>
<td>November 15, 2022  March 15, 2023</td>
</tr>
</tbody>
</table>

Application Information

<table>
<thead>
<tr>
<th>Japanese</th>
<th>English</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.tufs.ac.jp/student/calendar/">http://www.tufs.ac.jp/student/calendar/</a></td>
<td></td>
</tr>
</tbody>
</table>

Application Process

1. We will send an e-mail with the instruction for the application procedure to the exchange coordinator of Partner universities.
2. The coordinators forward the e-mail to their nominated students.
3. The nominated students complete and submit our online application form and prepare other necessary documents.
4. The students submit their documents to the exchange coordinator at their home university.
5. The exchange coordinator sends us the application package by email or by post.

* The exchange coordinators do not have to send an e-mail to nominate their students. Just forward the e-mail to the nominated students and send the students’ application documents by email or by post to TUF.

*From Spring 2023 entry, we accept the application documents either by email or by post.

Application Documents

<table>
<thead>
<tr>
<th>Japanese</th>
<th>English</th>
</tr>
</thead>
<tbody>
<tr>
<td><a href="http://www.tufs.ac.jp/admission/international_applicant/application.html">http://www.tufs.ac.jp/admission/international_applicant/application.html</a></td>
<td></td>
</tr>
</tbody>
</table>

Language of Instruction and Requirements

- **English**
  - Language proficiency requirements for courses conducted in English:
    - TOEFL - iBT71(PBT530, CBT197), IELTS - 6.0, Cambridge CAE - Grade C, and Cambridge CPE - Grade C
    - Other English proficiency test is also acceptable as long as the score is equivalent to the scores above.
- **Japanese**
  - If students wish to take classes delivered in Japanese, the following language proficiency is required:
    - Level N2 (Level N1 preferred) of Japanese Language Proficiency Test

Qualifications for incoming exchange students:

- Undergraduate and Graduate
  - Doctorate courses are not open for exchange students.

Length of the exchange period

- Full year or one quarter (either Spring (1st) or Fall (3rd) quarter.)
  - Students cannot extend the period of their study in principle after they arrive in Japan.

Schedules from Application to Arrival

## ADMISSION and VISA

**Admission Process**
Once application documents have been reviewed by the Student Exchange Division and his or her acceptance is approved, Letter of Acceptance will be sent to Partner universities in February or March for Spring entry. (July or August for Fall entry)

**VISA**
Exchange students must obtain 'Student' Visa authorized by Japanese Embassy or Consulate.
1. The Student Exchange Division will apply for Certificate of Eligibility (CoE) at the Immigration Bureau on behalf of exchange students.
2. Once the Student Exchange Division receives students’ CoE, those will be sent to Partner universities with Letter of Acceptance.
3. Students apply at the local Japanese Embassy or Consulate in their home country. They will be asked to submit their passport, Letter of Acceptance, and CoE there.

Detailed information is instructed in the following website.
- [http://www.tufs.ac.jp/admission/international_applicant/immigration.html](http://www.tufs.ac.jp/admission/international_applicant/immigration.html) (Japanese)
- [http://www.tufs.ac.jp/english/admission/non-degree/exchange/immigration.html](http://www.tufs.ac.jp/english/admission/non-degree/exchange/immigration.html) (English)

## SCHOLARSHIP

**Scholarship information**
- [http://www.tufs.ac.jp/admission/international_applicant/scholarship.html](http://www.tufs.ac.jp/admission/international_applicant/scholarship.html) (Japanese)
- [http://www.tufs.ac.jp/english/intlaffairs/exchange_in/program/scholarship.html](http://www.tufs.ac.jp/english/intlaffairs/exchange_in/program/scholarship.html) (English)

**Grade**
In order to apply for JASSO scholarship, GPA (previous academic year at the home university) must be 2.3 (on a scale of 3.0) or higher.
* If home institution or university does not use the 3-point scale GPA system or does not use the GPA system, use the table in the last page to calculate the equivalent GPA. (Round to two decimal places)

## INSURANCE and HEALTH CARE SERVICES

**National Health Insurance**
Exchange Students need to join the National Health Insurance Program. With this insurance, you will pay only 30% of the total medical expenses.

**University Insurance**
Exchange students must join the University Insurance after coming to Japan regardless of whether they have already joined in other insurance in their countries. It covers Personal liability, Death, Residual disability and Rescuer expenses.

*Comprehensive Insurance for Students Lives Coupled with “Gakkensai” For International Students

**Health Care Services Center /Student Counseling Consult Service on campus**
Health Care Services Center on campus and Student Counseling Consult Service are available for exchange students.

*Note: Exchange students must be in good physical and mental health at the time when they apply. If necessary, exchange students should bring necessary medicines from their home country.

## COURSES

**Course Information**
Exchange Students must take at least 7 classes per week for the Student VISA requirement. Information about courses offered can be found in Guidebook of Class Registration on the following websites.
- [http://www.tufs.ac.jp/admission/international_applicant/program01.html](http://www.tufs.ac.jp/admission/international_applicant/program01.html) (Japanese)
- [http://www.tufs.ac.jp/english/admission/non-degree/exchange/overview.html](http://www.tufs.ac.jp/english/admission/non-degree/exchange/overview.html) (English)

They can search syllabi from the following website:
[https://gakumu-web1.tufs.ac.jp/portal/Public/Syllabus/SylSearchMain.aspx](https://gakumu-web1.tufs.ac.jp/portal/Public/Syllabus/SylSearchMain.aspx)

**Japanese Language Program (JLPTUFS)**
Fundamental Japanese courses are available for exchange students. Detailed information is instructed in the following website.
- [http://www.tufs.ac.jp/english/student/international_student/Japanese_Program.html](http://www.tufs.ac.jp/english/student/international_student/Japanese_Program.html) (English)
## ACCOMMODATION

### On-campus dormitory information

We try to offer all exchange students a room in one of our on-campus International Residence Halls. However, when there are no available rooms, they may have to reside in off-campus dormitory or find a private apartment on their own. TUFS will assist the students to find accommodation.

http://www.tufs.ac.jp/english/student/dorm/housing.html

### Available period for accommodation

- **Spring entry:** From April 1st to the middle of July or the end of February.
- **Fall entry:** From late September to the end of February or the middle of July.

### Accommodation fee (Campus Dormitory) SINGLE ROOM ONLY

<table>
<thead>
<tr>
<th>Residence Hall</th>
<th>Fee</th>
<th>Key Money</th>
</tr>
</thead>
<tbody>
<tr>
<td>International Residence Hall No.1</td>
<td>¥32,000 per month (Single room)</td>
<td></td>
</tr>
<tr>
<td>International Residence Hall No.2</td>
<td>¥31,000 per month (Single room)</td>
<td></td>
</tr>
<tr>
<td>International Residence Hall No.3</td>
<td>¥46,000 per month (Single room) plus key money (¥30,000)</td>
<td></td>
</tr>
</tbody>
</table>

* Bedding Set ¥12,000 (Purchasing the Bedding Set is mandatory for all residents.)

* Students who would like to reside with another person in one room need to find private apartments on their own.

* Students cannot choose which residence they will live in.

### How to Apply

In our online application, you will be asked whether you wish to stay in our on-campus dormitory. If you wish, please check the box.

## OTHERS

### Work

You may work up to 28 hours a week if you receive permission from the Immigration Bureau before you start working.

### Estimated Living Costs

<table>
<thead>
<tr>
<th>Category</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Textbooks/Stationery</td>
<td>20,000 yen/ quarter</td>
</tr>
<tr>
<td>Food</td>
<td>30,000 yen/ month</td>
</tr>
<tr>
<td>University Insurance</td>
<td>7,340 yen for 4 months or 12,020 yen for 10 months</td>
</tr>
<tr>
<td>National Health Insurance</td>
<td>About 1,100 yen/ month</td>
</tr>
<tr>
<td>Accommodation</td>
<td>Dormitory on campus ¥31,000-¥46,000/ month</td>
</tr>
<tr>
<td>Utilities</td>
<td>About 10,000 yen/ month</td>
</tr>
</tbody>
</table>

## OTHER INFORMATION

(TUFS INFORMATION)

- Tokyo University of Foreign Studies
  http://www.tufs.ac.jp/english/
- TUFS Exchange Program
  http://www.tufs.ac.jp/english/admission/non-degree/exchange/
- Introduction Movie: Exchange Program of TUFS
  https://www.youtube.com/watch?v=ZMeyEECoqU_E
- Brochure for Exchange Program
- TUFS PR Movies
  http://www.tufs.ac.jp/english/abouttufs/pr/movies.html

(Other Organization)

- JASSO Study in Japan (Scholarship)
  http://www.g-studyinjapan.jasso.go.jp/
- Ministry of Education, Culture, Sports, Science and Technology- Japan (Educational affairs in Japan)
  http://www.mext.go.jp/en/
- Tokyo Fire Department (Disaster prevention)
- Means to Communicate Information on Civil Protection (Disaster prevention)
  http://www.kokuminhogo.go.jp/en/about/means.html#siren
How to calculate JASSO GPA

If your institution or university does not use the 3-point scale GPA system or does not use the GPA system, use the table below to calculate the equivalent JASSO GPA. (Round to two decimal places.)

<table>
<thead>
<tr>
<th>Pattern 1</th>
<th>Grade</th>
<th>Pattern 2</th>
<th>Grade</th>
<th>Pattern 3</th>
<th>Grade</th>
<th>Pattern 4</th>
<th>Grade</th>
<th>Pattern 5</th>
<th>Grade</th>
<th>Pattern 6</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Excellent</td>
<td>Good</td>
<td>Sufficient</td>
<td>Fail</td>
<td></td>
<td>100-80</td>
<td>79-70</td>
<td>69-60</td>
<td>59~</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pattern 2</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>F</td>
<td></td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>F</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pattern 4</td>
<td>100-90</td>
<td>89-80</td>
<td>79-70</td>
<td>69-60</td>
<td>59~</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Pattern 5</td>
<td>S</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>F</td>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Pattern 6</td>
<td>A</td>
<td>B</td>
<td>C</td>
<td>D</td>
<td>F</td>
<td></td>
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</tr>
</tbody>
</table>

Grade Point (GP) = (Total Credits of GP3) x 3 + (Total Credits of GP2) x 2 + (Total Credits of GP1) x 1 + (Total Credits of GP0) x 0

Total Credits earned in the previous academic year