

UMBRIA EXPERIENCE

ART&NATURE



Università
per Stranieri
di Perugia

**Art, spirituality and landscape: a journey to discover
the green heart of Italy, the region of Umbria**

The course will last four weeks and will be based in Palazzo Gallenga in Perugia, an 18th century aristocratic residence and headquarters of the University for Foreigners of Perugia, close to the Etruscan walls. During the week, classes will take place in the classrooms of Palazzo Gallenga and will focus on Italian culture and Umbria's artistic heritage, with particular reference to the cities that will be visited on the weekends. The course is held in Italian, but can also be taught in English on request, especially during the Spring and Summer seasons.



Monday to Thursday

3 hours of lessons in the
morning

3 hours of lessons in the
afternoon

The lessons will be partly in common with those of the Italian language and culture courses held at Palazzo Gallenga and will focus on Italian culture (music, cinema, theatre, literature, etc.).

There will also be lectures devoted to the seasons of art in Umbria, narrated through an in-depth study of the artists, monuments and the historical and cultural context of the cities to be visited.



Friday

Guided tours in Perugia

Mornings will be free, while in the afternoons in all four weeks there will be guided tours of the city of Perugia, which preserves an almost intact historical and monumental heritage accumulated over more than two millennia.



Saturday and Sunday

Weekends will be dedicated to
visiting the main cities in the
region.

Due to their proximity, one-day
visits are planned (departure
from Perugia and back to Perugia).

Travel will be by tourist bus, accompanied by a tutor and a professional tour guide and occasionally by the course lecturers themselves.

During the visits there will be lunches and dinners at restaurants offering typical local products.

DISCOVERING UMBRIA

Guided tours of the region's main cities

1. ASSISI

The birthplace of St Francis and St Clare, it is the cradle of medieval Italian art for the masterpieces of great painters - Cimabue, Giotto, Pietro Lorenzetti, Simone Martini - who were involved in the decoration of the splendid basilica of St Francis.

2. BEVAGNA - MONTEFALCO - FOLIGNO

Human-sized towns immersed in landscapes dominated by the cultivation of vines and olives. Gentile da Fabriano in Palazzo Trinci in Foligno, Benozzo Gozzoli in the church of San Francesco in Montefalco are fundamental for an understanding of early Renaissance Italian art.

3. CITTÀ DELLA PIEVE - PANICALE - LAGO TRASIMENO

Home of Pietro Perugino, the castles around Lake Trasimeno hold important works by the master of Raphael.

4. CITTÀ DI CASTELLO - SANSEPOLCRO

The upper Val Tiberina is the home of Piero della Francesca and preserves precious paintings by the leading Italian painter of the 15th century.

5. GUBBIO

A town of Umbrian origin, later re-founded under Roman rule, it shows almost intact medieval buildings and a monumental peculiarly charming town centre.

6. SPOLETO

Founded by the Romans, later to become the capital of the Longobard Duchy of the same name, the city is still alive and vibrant to this day for being home to the 'Festival of Two Worlds', dedicated to contemporary music, art and entertainment.

7. TODI-ORVIETO

Cities with a well-preserved appearance, with buildings ranging from the Middle Ages to the late 16th century, they are both set against an extraordinary landscape, particularly Orvieto, which dominates the necropolis of the ancient Etruscans from the top of a tufa bank.

8. VALNERINA

This is the valley of the Nera river, along whose course

Umbria is also a land of pilgrimage paths - linked to the names of saints Francis of Assisi and Benedict of Norcia - that can be travelled in their entirety, or simply in sections, to experience the intimate spirituality of this land.

The monthly Italian language and culture course costs 4,000 euros, including board, lodging, guided tours and extracurricular activities.

A minimum number of 20 students is required for the course to be activated. The services offered may be supplemented and customised according to the needs of the students with appropriate price variations.
